

May 12, 2019



Choose This Day
To use my time well

SERMON SUMMARY

³⁸ As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. ³⁹ She had a sister called Mary, who sat at the Lord's feet listening to what he said. ⁴⁰ But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"

⁴¹ "Martha, Martha," the Lord answered, "you are worried and upset about many things, ⁴² but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."

Luke 10:38-42

I choose the important over the urgent.

- You could maximize your minutes, but miss the moments in life
- We need wisdom in determining how to use our time well (Ephesians 5:15-16)

Martha and Mary

- The urgent can **distract** from the important
 - Distract – to be pulled away or dragged away
- Busyness does not equal **faithfulness**
 - The faithful are those who choose what is important
 - Busyness can feed our pride
 - You can love serving more than you love Jesus
 - What is the motivation for your busyness? Is it to earn favor with God? To be significant or find worth?
 - Jesus never hurried anywhere, and yet He accomplished so much, and all that the Father asked Him to do.
- Choose what is **best**
 - There are lots of good things, but we need to evaluate what is best in the moment

The question is not, "What needs to be done?" but, "What does God want me to do?"

How to choose the important

- Say **no**
 - Be selective in your yes – pray about it, talk to others

May 12, 2019

- Your ability to say no is dependent on what you believe about the Gospel
- The best followers of Jesus don't do more, they say no to even good things so they can say yes to the best things
- Do **first** what matters most
 - Spend time with Jesus daily, not because it's on your to do list, but because you actually need Jesus daily. He wants a relationship with you, He wants your heart, not just your serving.
 - You have time for what you schedule for. Schedule the important things first, or they won't get done!
- Ask: What will this mean for the **future**?
 - What will be the long-term benefits?

What is the important thing you have been distracted from doing?

DISCUSSION

Reminders for small group leaders:

- We want everyone to interact with God's Word. Please have Bibles available for students who don't have one. We have a limited amount of Bibles available at church, so remind your people to bring theirs if they have one. **Be sure to open up your Bibles together during small group!**
- Set aside a time to **pray** for each other during every POD. Try not to rush through this time as it's good to have people pray for each other.
- Regularly **recap** how your POD is doing with your co-leaders. Are you meeting your goals? How can you help your people grow in relationship with God and with each other? Is there anyone in your POD who needs encouragement, prayer, or a meeting with one of you this week?
- The teaching happened on Sunday at church. **The purpose of small groups is to ask two questions:** 1) *What is God saying to me in His Word?*, 2) *What is He asking me to do in response?*
- Your role is to help everyone answer these two questions so that God can do His work of transforming hearts and lives.

RECAP with your co-leader/REFLECT by yourself

- *What stood out to you/encouraged you/challenged you, etc from the message?*
- *What is the learning point and/or action point you want the people in your small group to leave with?*
- *How would you summarize the sermon in one or two sentences?*

QUESTIONS

Choose (if any) questions that would be good for your group to discuss, or make up your own!

Getting to know you

- Pastor Bryan said, "You can minimize your minutes, but miss the moments."
 - When have you seen this happen in your life?

May 12, 2019

- OR What have been moments that you've missed because you were busy? (ex. spending time with friends, missed my kids' games, etc)
- Has busyness affected other parts of your life? (ex. health, relationships, etc)
- In your opinion, what is the difference between what is urgent and what is important?
 - *From the Eisenhower Decision Matrix:*
 - *Urgent: tasks that require immediate attention*
 - *Important: things that contribute to our long-term goals, mission, and values*
 - *"What is important is seldom urgent and what is urgent is seldom important." - Dwight Eisenhower*

Into the Bible

- **Read Luke 10:38-42.** Recall what the word "distracted" means in verse 40 (to be pulled away or dragged away). Do you find yourself daily distracted from what's important like Martha was? What do you end up spending your time on?
- Do you like (or find yourself) always being busy? Do you relate to any of these motivations for packing your schedule? For example:
 - *Feeling important → inflating your pride*
 - *Caring about what others think about you*
 - *Believing that things will fall apart if you don't do all the things*
 - *Worrying about letting others down*
 - *Believing your value is found in how much you're doing*
 - *Procrastinating on something that's important that you don't want to work on (productive procrastination)*
- I've (Elena) heard it said BUSY stands for Being Under Satan's Yoke. Satan pulls us (distracts us) from going in the direction that God wants us to go. Do you agree or disagree with this statement?
- Think about Jesus' three years of ministry. How would you describe Jesus' pace of life? Was he hurrying from person to person or task to task? How much time did He spend with God? Yet he accomplished all that the Father asked Him to do. It can be safe to say that He lived by asking, "What does God want me to do?" (God's will) instead of "What do I want to be done today?" (my own will)
 - How do you think your schedule would change if you asked every morning, "What does God want me to do today?" (God's will) instead of "What do I want to do today?" (only my will)
 - Don't forget, It could be the same things if your will aligns with His!
 - How do you think the posture of your heart, the quality of your soul, and/or your health would change?

Application

- **Read Ephesians 5:15-17.** Look at verse 17. How do we understand what the Lord's will is so we know how to use our time wisely? *We need to spend time in the Bible so that we can know what's important to Him! Our time with Jesus is the foundation to discerning what our values are, what's important in His perspective, and what gains priority in our lives.*

May 12, 2019

- From the story of Mary and Martha, we learn from Jesus that the most important thing is spending time with Him daily because we need Him daily. Jesus wants us (our hearts) not just for us to do things for him (our service). Does your weekly and daily schedule reveal that time with Jesus is important to you?
- When we make our time with Jesus important in our daily lives, what things are we believing about the Gospel? For example:
 - *Our relationship with Jesus is the most important thing in our lives*
 - *We actually need Him to accomplish the things He asks us to do*
 - *Our salvation, love from God, or worth isn't found in what we do*
 - *The world won't fall apart if I don't do everything, because God is in control of everything*
 - *God's plan is better than my own for my life so I can trust where He leads*
 - *Etc*
- Here is a simple matrix of how you could determine what's important and/or urgent in your life.
 - In which quadrant (#1-4) is most of your time spent?
 - In quadrant 2 is where we should spend most of our time because they contribute to our long-term goals. We work consistently on what's important, so that things don't become urgent (ex. if you brush & floss everyday, you won't have an urgent, dental emergency). What are things in quadrant 2 in your life that you can make a priority to invest time in?
 - Think about your life from God's perspective. What things would He put in each quadrant for your life?



PRAY

- Thank God that our salvation, our worth, our love from Him isn't based on what we do, but only on what Jesus already did
- Ask the Holy Spirit to reveal the important thing(s) you've been distracted from doing

May 12, 2019

- Ask the Holy Spirit for wisdom in using your time well by doing first what matters most and discerning what to say no and yes to

ANNOUNCEMENTS

College

You can still attend **Sprummer** for a cost of \$139. Sign up at osuepic.com.

See you at MU13 for Epic on **Thursday night**. We'll be hearing from multiple people in our group.

Baptisms will be happening on Sunday, June 2. If you want to get baptized, talk to Elena or Bryan asap.

If you're graduating, we'd like to recognize your achievement during service on June 9. Please email the following info to andrea@grantavebc.org to be included in a powerpoint: name, degree, school name, plan for next year, and a picture.

Check facebook for info on the **Volleyball Tournament** happening on May 18 at 10am at Chintimini Park.

The freshmen will be at church for a **Nerf Gun War** on May 18. If you're an upperclassman and want to help with rides and/or want to participate, contact Sandra Li or Melissa Ibrahim.

Senior Adults

The **Senior Adult Road Trip** is coming up September 2-6 (60 years or older)! This year they are going to southern & central Oregon. There are only 20 spots, so sign up and pay your \$100 deposit by June 2. The total cost is \$375, which includes transportation, four nights' lodging, breakfast each morning, and all admission fees.

The next **Senior Adult Day Trip** will be to the Oregon Coast on Thursday, May 23. Meet at church at 10am and we'll leave for lunch at The Chalet followed by visiting the Yaquina Bay Light House. Contact Doris Dooney with any questions.

All church

Children ages 4 through 5th grade are welcome to join us for **Vacation Bible School** July 8-12 at Grant! Please register your child at grantavebc.org according to the grade he/she will have completed by June 30.

Baptisms will be happening on Sunday, June 2. If you want to get baptized, contact the church office at andrea@grantavebc.org.