



Ephesians 4:26-27 & Matthew 21:12-14

Anger

10.24.21

Small Group Discussion Guide:

These are questions you could possibly use for small group discussion. Consider what questions work good for your group and what doesn't.

Opening Questions (pick one or two to answer as a group)

1. How do you feel about expressing anger? Are you comfortable with it, or do you tend to downplay anger?
2. How was anger expressed in the home you grew up in?
3. What makes you angrier—when you are mistreated or when someone you love is mistreated? Why do you think there is a difference between the two?

Read Ephesians 4:26-27

4. How would you define the difference between godly anger and ungodly anger?

Get angry at the right things for the right reasons and respond in the right way.

5. Can you think of examples of how people have either:

Got angry at the wrong thing?

Got angry for the wrong reasons?

Responded in a wrong way?

Read Matthew 21:12-14

6. What can we learn from this short passage about Godly anger?
7. In your effort to be right, have you ever forgotten to be loving? What did you learn from it?



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8. Pastor Bryan said, "When Jesus got angry he flipped tables, not people." What might be a practical application of that today?

9. Here are a list of the six questions to ask yourself. Which do you feel is the most important?
 - Do I get angry at the right things?
 - Does my anger condemn or help?
 - How long does my anger last?
 - What controls my anger?
 - Is my anger "primed and ready" to respond?
 - What effect is anger having on me?

10. What are things we see in our world today that we should be angry about? What would be a godly way to respond?